

12 Hours
On-line \$150
24 Hours as
low as \$325

PRE-HABILITATION FOR EVERY PATIENT

NEW COURSE

- Simple Find it, Fix it Approach
- Streamline Treatment Protocols
- Flexor Tendonitis & Carpal Tunnel
- Thoracic Outlet Syndrome
- External Rotator Cuff Syndrome
- Upper & Lower Cross Syndrome
- Sciatica Relief for Good
- Plantar Fasciitis

12 CLASSROOM HOURS

ERGONOMIC EVALUATIONS & CORE STABILIZATION

- Assess & Correct Work Stations
- Eliminate Patient Problems at the Source
- Generate New Income Source
- Easy, Systematic Approach & Report Forms

12 CLASSROOM HOURS

We've made it Easy, Enjoyable & Affordable to Complete ALL 24 CEC Hours

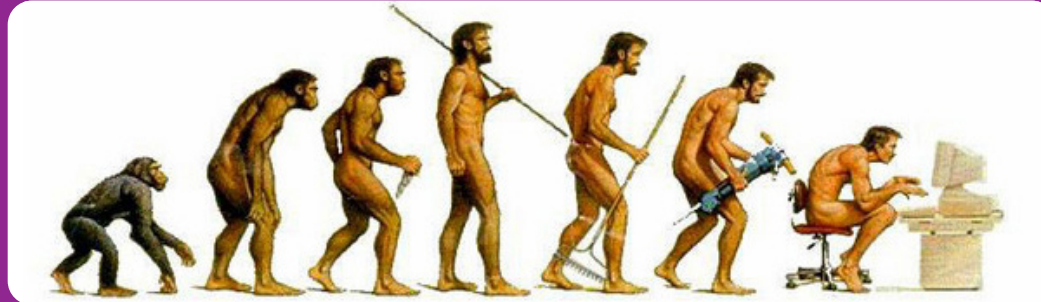
Courses APPROVED by CHIROPRACTIC & ACUPUNCTURE CA State Board

Dr. M. Kirk Meier D.C.

drkirkm@msn.com **510.364.9371** www.drkirkmdc.com

4 SEPARATE 12 HOUR COURSES TO CHOOSE FROM

Each "In Class" Course Includes Ethics & Law & ALL Mandatory Hours Required by the CA State Board



NUTRITION & SPECIAL NEEDS PATIENTS

- Recommendations for Gluten & Lactose Intolerance
- Pregnancy & Diabetes
- Vegetarians & Eating Disorders

6 HOURS
ON-LINE

EXERCISE & SPECIAL NEEDS PATIENTS

Help Patients Stay Active & Reduce Severity of Symptoms for:

- Pregnancy, Obesity or Elderly
- Diabetes, MS, SLE, or Fibromyalgia

6 HOURS
ON-LINE

ETHICS & LAW: PATIENT RELATIONSHIPS & REPORTING ELDER ABUSE

2 HOURS ON-LINE or CLASSROOM

12 HOURS
CLASSROOM
12 HOURS
ON-LINE

CORE STABILIZATION PLUS EXTREMITY REHAB

- Identify & Correct Muscle Imbalances
- How the Core Muscles Really Works
- Difference between Inner and Outer Core
- Easy to Use Dynamic Assessments
- User Friendly Core Strengthening
- Specific Programs for Every Patient
- Predict Dysfunctional Movement Patterns

12 CLASSROOM HOURS

CLINICALLY APPLICABLE EXERCISE PHYSIOLOGY

- Review Anatomy & Principles of Exercise Physiology
- Effective Fat Burning Protocols
- Specific Training Protocols for Muscular Strength, Hypertrophy & Endurance

12 CLASSROOM HOURS

EXERCISE PHYSIOLOGY

Fremont/Santa Clara	6/20/20
Santa Ana	9/12/20
Fremont/Santa Clara	10/3/20
Burbank	11/07/20



THE PRESENTER: Dr. M. Kirk Meier D.C. CEAS

This is Dr. Meier's 19th year of offering CE Credits for Doctors of Chiropractic. His experience in the health & fitness field, along with his clinical experience in private practice, Occupational Medicine & Ergonomic Evaluation has resulted in a unique yet simple blend of these two fields that can change your treatment protocol, accelerate results and help build your practice.

MOST OF DR. MEIER CEC ATTENDEES RETURN YEAR AFTER YEAR!

CORE STABILIZATION PLUS EXTREMITY REHAB

Sacramento	7/11/20
Burbank	8/08/20
Fremont/Santa Clara	9/19/20

ALL in Class Courses Include:

- ✓ 2 Hours Ethics & Law
- ✓ 4 Mandatory Hours
- ✓ 6 General Hours

**CALL, EMAIL
OR REGISTER
ONLINE TODAY!**

Dr. M. Kirk Meier D.C.

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ERGONOMIC EVALUATIONS & CORE STABILIZATION

Fremont/Santa Clara 8/29/20

Make Check Payable To: **Dr. M. Kirk Meier D.C.**
510.364.9371 • drkirkm@msn.com
www.drkirkmdc.com

PRE-HABILITATION NEWEST CLASS

Santa Ana	6/13/20
Fremont/Santa Clara	7/25/20
Fremont/Santa Clara	11/21/20

24 Hour Package (12 In-Class & 12 On-line)	\$325
Classroom (12 CE Hours) Includes all Mandatory	\$225
On-Line Courses Only (12 CE Hours)	\$150
Mandatory Hours - Classroom only (4 CE hours)	\$100
Ethics & Law Only (2 Hours In-Class or On-line)	\$ 50

No Cancellation Fee if canceled 24 hours Prior to Course Date
\$25 Cancellation Fee if canceled less than 24 hours Prior to Course Date

COVID-19 STATE BOARD EXTENSION

**April, May, June Expiration Dates
Have till September 30th to complete
12 Classroom & 12 Online CE Hours**